

Endoscopy (EGD) With BRAVO Instructions

COVID test on _____ at the lab between 8am-11am

****NO MRI's for 30 Days after the procedure****

Prilosec (Omeprazole), Nexium (Esomeprazole), Aciphex (Rabeprazole), Prevacid (Lansoprazole), Protonix (Pantoprazole), Zegerid (immediate release Omeprazole), and Dexilant (Dexlansoprazole) should be **STOPPED 7 DAYS before the test.

Zantac (Ranitidine), Tagamet (Cimetidine), Axid (Nizatidine) and Pepcid (Famotidine) should be **STOPPED 2 DAYS before the test.

Medications such as TUMS, Gaviscon, Maalox and Mylanta **can be taken the day before the test.

The day prior to your procedure:

- On the day before your procedure you are to take your regular medications
- Eat your normal meals such as breakfast, lunch and dinner (your dinner should be light such as soup or a sandwich)
- DO NOT EAT ANYTHING ELSE AFTER CONSUMING YOUR EVENING MEAL/DINNER (approximately 7PM)***Only after your procedure is completed can you resume eating solid foods***
- You can continue drinking liquids until midnight.
- From midnight on... discontinue consuming any liquids. ***Only after your procedure is completed you may resume drinking liquids***

The morning of your procedure:

- If you have medications that need to be taken in the morning please take them 4 hours prior with a sip of water only.
- Brushing your teeth is perfectly fine with a small amount of water.
- If you are experiencing dry mouth you may rinse your mouth with water, and then spit out.
- Again please do not consume any liquids until after your procedure. Otherwise your procedure will be compromised such as having to wait an extra hour or two or even having to reschedule.

*****Reminders for your procedure*****

- Discontinue Advil, Motrin, Ibuprofen, Aleve and any other NSAIDs (non-steroidal anti-inflammatory drugs) unless otherwise directed by your Physician. Tylenol is ok to use. Temporarily discontinue any Iron supplements 7 days prior to procedure unless otherwise directed by your Physician.
- Stop any blood thinners such as Coumadin and Plavix, Aspirin 81 mg you may continue to take, unless otherwise directed by your Physician. You may need to have a blood test done the day prior to your procedure.
- Female patients who are not postmenopausal or have not had a hysterectomy will need to give a urine specimen once they arrive to the office the morning of the procedure.
- Taxies and/or UBERs are NOT an acceptable form of transportation unless accompanied by a family member or friend that is (18+)
- You **MUST** have a responsible adult driver (18+) to drive you home and sign you out on the day of your procedure! If your driver does not plan to stay and wait until your procedure is finished they need to come in with you to verify that they will be picking you up when your procedure is finished along with providing a contact number where they can be reached.
- You must have someone stay with you for at least 12 to 24 hours after your procedure!
- You are not allowed to drive for the remainder of the day!
- Please leave your valuables at home
- ****Expect to be here between 1 hour and 1/2 to 2 hours at most****

Date: _____

Arrival time: _____

Location: () 600 Westage Business Center, Fishkill NY 12524 3rd floor
() 30 Columbia Street, Poughkeepsie NY 12601 2nd floor
() 1561 Ulster Avenue, Lake Katrine NY 12449 2nd floor

For any questions or concerns, please call the office at (845) 202-6445