



Healthcare That Revolves Around You.®

Have you had your Medicare Annual Wellness Visit?

What is an Annual Wellness Visit?

- An opportunity for you and your doctor to reflect back over the year and create a wellness plan.
- A free* service to improve your health, prevent disease, and maximize your wellness, so you can keep doing what you love to do.
- NOT a physical exam, but a one-on-one discussion.

**Medicare Part B covers an AWW once every 12 months (365 days). If additional services are provided or lab work is ordered during the same visit, you may have to pay your co-pay or deductible; however, your AWW is still free!*

CareMount Medical is a registered service mark of CareMount Medical, P.C.

Here's everything your AWV could include:

- Routine measurements (height, weight, blood pressure, and BMI).
- Review of your individual medical and family history.
- Review of the medications, supplements, and vitamins that you are currently taking.
- Discussion of the care you are currently receiving from other healthcare providers.
- Review of your functional ability, safety, cognitive impairment, and a screening for depression.
- Personalized health advice that takes into account your risk factors and specific health conditions or needs.
- Discussion of referrals to other appropriate health education or preventive counseling services.
- Planning for the screening and preventive services you need in the next 5-10 years.

If you have questions about Preventive and Screening Services, Annual Wellness Visits, or would like to speak to someone about your healthcare, please contact our Care Coordination Team:

**Main: (845) 202-6340
Scheduling: (845) 202-6341**