

**Department of Radiology**  
**1-888-656-4723**

**Post CT Guided Biopsy Instructions**

What you may observe as a result of the procedure:

- Slight bruising and/or tenderness at the procedure site.
- Possible yellow/orange/pink discoloration of the skin from the use of an antiseptic used to clean the area to be biopsied.

Physical activity after a biopsy:

- Rest for 24 hours. No heavy lifting or strenuous activity for 3 days.

Caring for the biopsy site:

- Apply ice placed in a plastic bag or apply a ready to use ice pack to the biopsy site. Make sure the ice pack is not placed directly on your skin. Continue to apply the ice pack (approximately 20 minutes on and 20 minutes off) for several hours the day of your biopsy.
- Keep the bandage located at the biopsy site clean and dry for 24 hours after the completion of the procedure. You can shower and remove the bandage the following day.

**PLEASE NOTIFY YOUR PHYSICIAN IMMEDIATELY IF YOU OBSERVE THE FOLLOWING:**

Signs of infection may include:

- Increasing redness, swelling, tenderness or warmth at the site. It's normal to have mild swelling, tenderness and warmth.
- Drainage or bleeding from the site
- Fever greater than 100.4°

If bleeding from the biopsy site occurs:

- Apply firm pressure with your hand to the site
- Have someone notify your physician immediately.