



Department of Radiology

1-888-656-4723

Instructions for Your Thyroid Fine Needle Aspiration

Prior to your appointment:

You may need to stop taking some of your medication before your procedure.

1. Stop taking non-steroidal anti-inflammatory drugs, such as ibuprofen (Motrin®), Aleve®, Celebrex® or Advil® for 24 hours before your procedure. You may take Tylenol® (acetaminophen) if needed.
2. If you are currently taking a blood-thinning medication such as aspirin, heparin, warfarin (Coumadin®), clopidogrel (Plavix®), enoxaparin (Lovenox®), dabigatran (Pradaxa®), apixaban (Eliquis®) and rivaroxaban (Xarelto®), it is important that you check with your doctor before stopping this medication.
3. If your doctor tells you to stop taking aspirin, stop taking it 5 days prior to your procedure. If you take aspirin because you've had a problem with your heart or you have had a stroke, be sure to talk to your doctor before you stop taking it.

On the day of your procedure:

Please avoid wearing anything around your neck such as a turtleneck, necklace, etc.

If you have allergies that you are aware of, such as latex or Lidocaine, please be sure to inform us at the time of scheduling the appointment.

Expect to be in the Radiology Department for up to 1 hour.

On the day of your procedure, the radiologist will be using ultrasound guidance to insert a very small needle into the nodule(s) to obtain cells from the nodule. Local anesthetic may be used. At least two passes will be performed to ensure adequate sampling. It usually takes 3-4 working days to get results.

Location: _____

Appointment Date and Time: _____